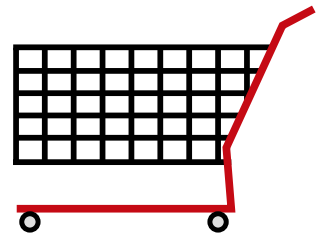


# Shopping List

\_\_\_\_\_ (your name)

It is time to go grocery shopping, complete this shopping list of your favorite foods to eat. List your favorite foods from each of the food groups in the Food Guide Pyramid. Make sure to share this list with your parents, post on your fridge and happy shopping!



**Date:** \_\_\_\_\_

**My Favorite Milk Group Foods:**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**My Favorite Meat Group Foods:**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**My Favorite Vegetable Group Foods:**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**My Favorite Fruit Group Foods:**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**My Favorite Grain Group Foods:**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_